

Physical Education 9 Course Outline

Physical Education 9 is a course for students to be active, participate with their peers in a positive manner, take on leadership roles, and learn new sports and activities to promote active and healthy lifestyles. The course will be covering a range of different sports, along with some weight training and active health education as well. The breakdown of the student's mark is listed below.

EVALUATION POLICY

Social Skills/Personal Engagement...40% (Daily Assessment: 5 point scale)

- Participation and personal initiative
- Regular, prompt attendance
- Positive attitude
- Cooperative behavior
- Prepared with P.E. strip and supplies

Knowledge and Understanding...20%

- Written Assignments
- Tests and quizzes

Movement Composition...10%

- Warm up routines
- Multi-cultural activities

Performance & Application...30%

- Skill tests and Fitness
- Game play assessment
- Self-evaluation/peer evaluation
- Leadership activities / peer teaching assignments

PE STRIP/SUPPLIES AND CHANGEROOM POLICY

Each class, every student will be expected to arrive prepared to participate. This includes:

Appropriate P.E. strip different than that of ones everyday wear (shorts/sweat pants, shirt, appropriate

footwear). All clothing must be within Clearwater Secondary's Dress Code. Students will be provided with "No Strip" clothing if appropriate strip is not brought to class (no strip is not an excuse to avoid participation).

Students should also have a duotang or binder for handouts, quizzes, course outlines. Maximum daily participation cannot exceed three out of five if student arrives without strip and/or appropriate supplies.

Acting responsibly and respectfully in the change rooms at all times. This includes leaving the change rooms neat and clean when finished.

ATTENDANCE POLICY

Each class, every student will be expected to:

Arrive promptly to the gymnasium by the second bell.

Be fully changed and sitting along the side wall within five minutes of the second bell. Students arriving late cannot receive more than three out of five for a daily participation mark.

Bring a note from a parent/guardian for any unexcused absence. **Frequent unexcused absences and/or lates will result in Administrative referrals

PARTICIPATION POLICY

Each class, every student will be expected to:

Participate to the best of their ability in all activities

Bring a note from a parent/guardian to be excused from participation due to medical concerns.

Bring a note from a Doctor to excuse participation for an extended period longer than three days.

If you have any questions or concerns, I can be reached at the school (250)674-3328, or by email at jaloader@sd73.bc.ca.

I prefer to talk in person if there are concerns because it is easier to communicate, but if it is just a quick note or reminder please feel free to send off a quick email.

All student's marks will be posted on jupitergrades. Please remember that at the beginning marks will be skewed because there will not be many until we get further into the semester!

Sincerely,

J. Loader